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| **Classes** | **Walking** | **Orienteering** | **Outdoor Challenges** | **U & A** |
| **Infants** | - short walks in or around schools  Topic walk  - treasure hunts, scavenger hunt, matching pairs games, hunt relay | Boundary walk  Identify area of hall, field, school ground  Follow instructions/ directions  Animal trail – simple – random | Stepping stones – individual  Blind trail  Pass the hoop  Obstacle course  Colour charts | Respect for the environment  Safety issues |
| **1st & 2nd** | - Short walks outside school  Topic walk  - treasure hunts, scavenger hunt, matching pairs games, hunt relay | Boundary walk  Identify areas of hall, field, school  NSEW  Animal trail  Following a simple map plan  Snake walk | Stepping stones – team  Blind trail  Pass the hoop  Obstacle course  Shuffle pack | Respect for the environment  Safety issues |
| **3rd & 4th** | Undertake forest walks  Topic walk  - treasure hunts, scavenger hunt, matching pairs games, hunt relay | Boundary walk  Map walk  Photo-star orienteering  NSEW square | Adventure trail  Tangle twister  Shuffle pack  Blind trail  Obstacle course | Respect for the environment  Safety issues |
| **5th & 6th** | Undertake a forest/country walk  Pitching a tent  Topic walk  - treasure hunts, scavenger hunt, matching pairs games, hunt relay | Star-orienteering  In hall, school grounds  Memory star  Point to point  Score orienteering | Adventure trail  Tangle twister  Shuffle pack  Blind trail  Obstacle course | Respect for the environment  Safety issues |

The strand units of the Outdoor and Adventure curriculum include:

* Walking
* Orienteering
* Outdoor Challenges
* Water based activities (fifth and sixth class only)
* Understanding and appreciation of outdoor and adventure activities