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| **Classes** |  **Walking** | **Orienteering** | **Outdoor Challenges** | **U & A** |
| **Infants** | - short walks in or around schoolsTopic walk- treasure hunts, scavenger hunt, matching pairs games, hunt relay | Boundary walkIdentify area of hall, field, school groundFollow instructions/ directionsAnimal trail – simple – random | Stepping stones – individualBlind trailPass the hoopObstacle courseColour charts | Respect for the environmentSafety issues |
| **1st & 2nd** | - Short walks outside schoolTopic walk- treasure hunts, scavenger hunt, matching pairs games, hunt relay | Boundary walkIdentify areas of hall, field, schoolNSEWAnimal trailFollowing a simple map planSnake walk | Stepping stones – teamBlind trailPass the hoopObstacle courseShuffle pack | Respect for the environmentSafety issues |
| **3rd & 4th** | Undertake forest walksTopic walk- treasure hunts, scavenger hunt, matching pairs games, hunt relay | Boundary walkMap walkPhoto-star orienteeringNSEW square | Adventure trailTangle twisterShuffle packBlind trailObstacle course | Respect for the environmentSafety issues |
| **5th & 6th** | Undertake a forest/country walkPitching a tentTopic walk- treasure hunts, scavenger hunt, matching pairs games, hunt relay | Star-orienteeringIn hall, school groundsMemory starPoint to pointScore orienteering | Adventure trailTangle twisterShuffle packBlind trailObstacle course | Respect for the environmentSafety issues |

The strand units of the Outdoor and Adventure curriculum include:

* Walking
* Orienteering
* Outdoor Challenges
* Water based activities (fifth and sixth class only)
* Understanding and appreciation of outdoor and adventure activities